

A close-up photograph of a woman with dark hair, eyes closed, and a serene expression, lying on a white towel. Her hands are clasped under her chin, and a person's hands are visible supporting her head. The background is a soft, out-of-focus light blue.

DEVONSHIRE
— SPA —



AT THE
DOME

INDULGE RELAX REVITALISE

Whatever your needs, Devonshire Spa at the Devonshire Dome is a unique environment to invest time for yourself, or your friends and family, to relax and enjoy some luxurious treatments and to come out feeling revitalised and ready to meet the world once more.

In luxurious, ambient surroundings our experienced team of professionals will ensure you have an unforgettable experience.

SPA EXPERIENCES

Our spa experiences are a great way to escape the stresses and strains of everyday life or can be a special occasion to share with friends, a hen party or even birthday celebration.

SPA 'EXPERIENCE' £20
(Tuesday to Friday only)

Relax and unwind in ambient surroundings for two indulgent hours – make use of our Aromatherapy Room, Hydrotherapy Pool, Sauna, Steam Room, Ice Fountain, Monsoon Shower and Reflexology Foot Baths.

Complimentary robes and towels are provided so all you will need to bring is your swimwear and flip flops.

HAMMAM EXPERIENCE

All of our Hammam treatments take place in our Hammam wet room.

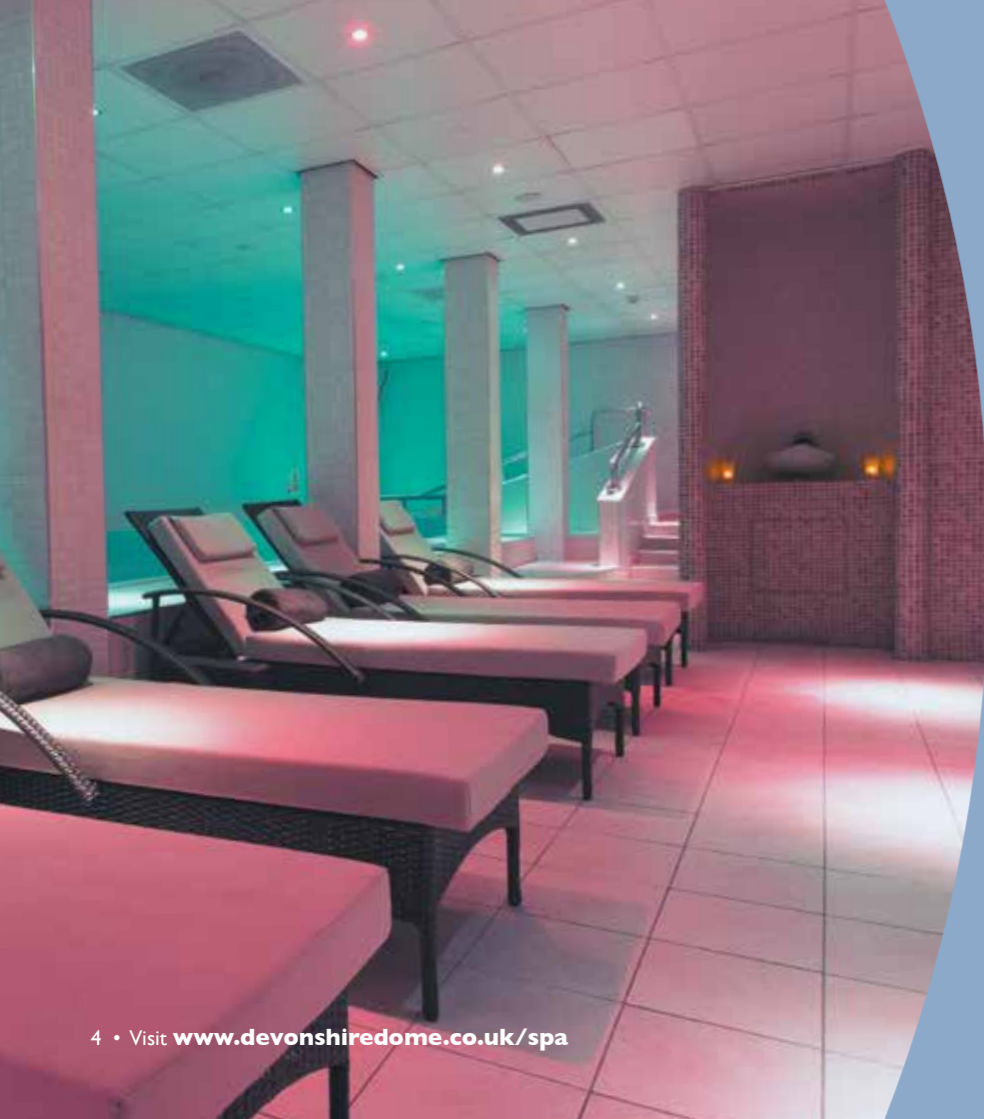
SPA SCRUB £30

A traditional exfoliating treatment to revitalise and invigorate the body. This unique scrub deeply cleanses and moisturises, leaving your skin feeling revived and vibrant.

TURKISH DELIGHT £75

Relaxing on our warm Hammam table, your experience will start with an Exotic Lime & Ginger Salt Scrub followed by a wrap to suit your individual needs.





SPECIAL SPA PACKAGES

Whether you are treating yourself or you are being treated for a special occasion, there's a special spa package to suit your needs.

LUXURY SPA DAY £95

9am - 5pm

For a day of pure indulgence and ultimate relaxation our luxury spa day includes a welcome drink, tour and use of our spa facilities including our Aromatherapy Room, Hydrotherapy Pool, Sauna, Steam Room, Ice Fountain, Monsoon Shower and Reflexology Foot Baths. Complimentary robes and towels are provided so all you will need to bring is your swimwear and flip flops.

Your Luxury spa day includes a spa treatment of your choice from the spa menu and spa lunch.

(£20 supplement for Turkish Delight and Absolute Spa Ritual).

'PAMPER ME' AFTERNOON £70

12 - 5pm

To escape for a few hours join this afternoon of pampering, including a welcome drink, spa tour and use of our spa facilities including our Aromatherapy Room, Hydrotherapy Pool, Sauna, Steam Room, Ice Fountain, Monsoon Shower and Reflexology Foot Baths. Complimentary robes and towels are provided so all you will need to bring is your swimwear and flip flops.

Your afternoon includes a full body massage or facial and tea and cakes (glass of fizz £5 pp extra).

TWILIGHT SPA £65

Thurs & Fri 5pm - 8.45pm

After a busy day come and unwind on one of our twilight spas. You will be welcomed with a drink, spa tour and full use of our spa facilities including our Aromatherapy Room, Hydrotherapy Pool, Sauna, Steam Room, Ice Fountain, Monsoon Shower and Reflexology Foot Baths. Complimentary robes and towels are provided so all you will need to bring is your swimwear and flip flops.

Your twilight spa includes a Spa Treatment of your choice from our Spa Menu (£20 supplement applicable for Turkish Delight and Absolute Spa Ritual).

LUXURY TWILIGHT SPA £80

Thurs 5pm - 8.45pm

After a busy day come and unwind on our luxury twilight spa. You will be welcomed with a drink, spa tour and full use of our spa facilities including our Aromatherapy Room, Hydrotherapy Pool, Sauna, Steam Room, Ice Fountain, Monsoon Shower and Reflexology Foot Baths. Complimentary robes and towels are provided so all you will need to bring is your swimwear and flip flops.

Your twilight spa includes a Spa Treatment of your choice from our Spa Menu (£20 supplement applicable for Turkish Delight and Absolute Spa Ritual) and a two course dinner in the Dome Restaurant.



SPA TREATMENTS

Our spa treatments include use of our spa facilities including our Aromatherapy Room, Hydrotherapy Pool, Sauna, Steam Room, Ice Fountain, Monsoon Shower and Reflexology Foot Baths for an hour.

ELEMIS MUSCLEASE AROMASPA OCEAN WRAP

(75 mins) £50

A powerful marine algae mask targets aching muscles and joints. Drift away while you are cocooned in a comforting foil wrap and treated to a taster facial and de-stressing scalp massage. Using a warming blend of essential oils, this specialised treatment can be beneficial for not only tired and stressed muscles but also rheumatic and arthritic conditions.

ELEMIS ABSOLUTE SPA RITUAL

(120 mins) £95

The ultimate treatment for relaxation and luxury. From the soles of your feet to the scalp, this face and body treatment is the ultimate skin therapy. Combining an Elemis Advanced Anti-Ageing facial with the powerful effects of an Elemis Full Body massage, your whole body will feel relaxed and re-energised.

ELEMIS LIME & GINGER SALT GLOW WITH MINI FACIAL

(60 mins) £40

An exotic body exfoliation to invigorate and revitalise. Warmed oils soften and nourish whilst the luxurious salt glow polishes your skin to perfection. A fabulous way to get your skin glowing before a holiday or special occasion.

ELEMIS CELLUTOX AROMASPA OCEAN WRAP

(75 mins) £50

A deeply detoxifying mask decongests and stimulates the system. Drift away while you are cocooned in a comforting foil wrap and treated to a taster facial and de-stressing scalp massage. Combining Marine Algae and sea plants alongside a detoxifying blend of essential oils, this treatment helps to refine the appearance of cellulite and relieve the discomfort of fluid retention.

ELEMIS COCONUT & MILK RITUAL WRAP

(60 mins) £40

Award winning Skin Nourishing Milk Bath and Exotic Frangipani oil are combined with a traditional Balinese coconut, mungbean and lavender rub. This exotic wrap softens and nourishes the skin.

ELEMIS BODY SCULPTING CELLULITE & COLON THERAPY

(60 mins) £55

Combining the clinically proven Elemis Body Sculpting System and advanced massage techniques this treatment works to redefine your silhouette and detoxify the body.

A sculpting massage boosts blood circulation and reduces water retention in the legs, whilst a fennel and birch mask targets stubborn cellulite and sagging skin on the thigh area, providing visible, rapid results. Cleansing of the colon through deep abdominal massage encourages elimination of toxins and helps to rebalance the digestive system.



EXOTIC FRANGIPANI SCRUB

(60 mins) £40

An exotic body exfoliating ritual to soften and nourish. Warmed Frangipani oil is used in conjunction with a luxurious salt glow to polish your skin to perfection.

EXOTIC FRANGIPANI NOURISHING WRAP WITH MINI FACIAL

(60 mins) £50

From the shores of Tahiti, coconut and frangipani flowers are soaked together to produce Monoï; meaning scented oil. Warm oil is drizzled over the body before you are cocooned in a comforting foil wrap to receive your mini facial. This opulent exotic therapy provides radiance and nourishment to your skin.

EXOTIC FRANGIPANI NOURISHING FLOAT

(30 mins) £30

This opulent exotic therapy provides radiance and nourishment. From the shores of Tahiti, coconut and frangipani flowers are soaked together to produce Monoï; meaning scented oil. Warm oil is drizzled over the body before you are cocooned in a comforting foil wrap and enveloped in the blanket of our dry flotation bed before being left to float away from the stresses and strains of everyday life.



HOLISTIC THERAPIES

ISHGA MASSAGE - NEW FOR 2015

(55 mins) £45

A medium pressure massage combining a powerfully detoxing seaweed body oil with lemongrass, juniper and rose geranium. This invigorating yet relaxing treatment focuses on removing tension to re-energise the body. The seaweed body oil regenerates, firms and tones the skin helping to eliminate toxins.

ELEMIS DEEP TISSUE BACK MASSAGE

(30 mins) £35

Focusing on the back, neck and shoulders this massage will target muscular tension.



ELEMIS DEEP TISSUE FULL BODY MASSAGE

(60 mins) £50

Helping to relieve specific stress and muscular tension this deep tissue massage gives the whole body a workout. Your therapist will select specific Elemis oil blends to tailor the treatment to your needs.

ELEMIS AROMA STONE WITH FRANGIPANI OIL

(75 mins) £60

Warm Basalt stones melt away tension. Therapeutic heat is slowly released into the belly of the muscle for a completely new body experience. Small stones are placed on key energy points, whilst luxuriously warmed oils are massaged deeply into the body for maximum relaxation.

ELEMIS AROMA STONE BACK MASSAGE WITH FRANGIPANI OIL

(45 mins) £40

Warm Basalt stones melt away tension. Therapeutic heat is released into the belly of the muscle for a deep and relaxing back massage.

SWEDISH BACK, NECK & SHOULDER MASSAGE

(30 mins) £30

A calming massage of the back, neck and shoulders.

SWEDISH FULL BODY MASSAGE

(60 mins) £45

A relaxing treatment that stimulates circulation and relieves aches and pains whilst soothing the mind.

EXPRESS BACK MASSAGE

(30 mins) £20

This express treatment relaxes the back, neck and shoulders. Treatment does not include use of the spa facilities.

REFLEXOLOGY

(45 mins) Limited availability £40

Reflexology uses the feet to treat the whole body. The treatment involves massage and specialised thumb and finger techniques to stimulate specific reflex points on both feet.

INDIAN HEAD MASSAGE

(45 mins) Limited availability £35

Indian Head Massage is used to balance the Chakras. It is helpful in alleviating tension and improves blood and lymphatic drainage and circulation.

MOTHER TO BE

Our mother to be treatments can be enjoyed in your second and third trimesters.

ELEMIS NURTURING MOTHER-TO-BE MASSAGE

(75 mins) £65

A top to toe treatment using tried and tested safe pregnancy massage techniques. Specialised positioning on our unique beanbag ensures the ultimate in comfort and relaxation. This treatment helps to relieve tension in the upper and lower back and alleviate swelling in the hands and feet. A relaxing face and scalp massage will ease your mind and lift your spirits.

HOT OIL & MILK PEDICURE

(60 mins) £35

Perfect for pampering those hard to reach feet! Gentle massage will help relieve puffy ankles, whilst warmed frangipani oil and skin nourishing milk bath soothe and moisturise the skin. Your feet will look groomed and glamorous - even if you can't see them!

NAILTQUES MANICURE

(60 mins) £25

This tailor made manicure includes exfoliation, a luxurious hand and arm massage, cuticle work, nail shape and polish.

NAILTQUES PEDICURE

(60 mins) £25

This tailor made pedicure includes exfoliation, a luxurious foot and leg massage, cuticle work, nail shape and polish.

We also recommend these products that are pregnancy must haves...

ELEMIS INSTANT REFRESHING GEL

£29.50

A cooling gel perfect for swollen ankles, soothing aching muscles or applying to the temples to relieve headache pain.

ELEMIS JAPANESE CAMELLIA OIL

£29.50

Rich in plant collagen, this oil keeps skin deeply nourished to help prevent stretch marks, a celebrity favourite it can also be used therapeutically on dry or weakened hair and nails.

FACIALS AND ESSENTIAL BEAUTY

ELEMIS PRO INTENSE LIFT EFFECT FACIAL

(55 mins) £55

Powerful lifting techniques target sagging jaw line, cheeks, chin and neck for the ultimate lift effect.

ELEMIS SKIN SPECIFIC FACIAL

(60 mins) £45

A tailor made prescriptive facial to target your individual concerns. Combining specialised deep cleansing and Eastern massage techniques to help bring radiance and vitality back to dull, lack lustre skin.

ELEMIS TRI-ENZYME RESURFACING FACIAL

(60 mins) £55

A breakthrough anti-ageing facial clinically proven to bring unbelievable resurfacing results. After just one treatment see up to 75% resurfacing and 32% increased skin smoothness. Your skin is left feeling clean and radiant. Perfect for targeting fine lines, acne, superficial scarring, pigmentation and uneven skin tone.

ELEMIS VISIBLE BRILLIANCE FACIAL

(75 mins) £50

Independently tested with revolutionary results, this anti-ageing facial instantly firms, rejuvenates and plumps up the skin whilst reducing dark circles from around the eye contour. Your skin is deeply hydrated, radiance is restored and skin appears smoother.

ELEMIS PRO-COLLAGEN QUARTZ LIFT FACIAL

(75 mins) £55

This anti-ageing facial has been independently tested with phenomenal results. Clinically proven, after just one treatment this facial reduces the number of wrinkles by up to 94% and improves skin firmness by up to 57%. Specialised lifting massage techniques are combined with professional anti-ageing formulations for maximum results. This facial will leave you with a firmer, uplifted, more youthful looking appearance.

ELEMIS MODERN SKIN FACIAL

(60 mins) £50

Bursting with anti-oxidant rich minerals and vitamins, this purifying treatment helps remove damaging toxins, regenerate and rebalance skin cells.

ISHGA FACIAL – NEW FOR 2015

(55 mins) £40

A rejuvenating facial designed to revitalise and repair. The organic range of products combine mineral rich seaweed as the main ingredient, others include natural healing spring water, aloe vera, macadamia nut oil and cucumber extract. Seaweed is high in vitamins, minerals, trace elements and natural antioxidants that are considered essential for maintaining healthy, youthful skin. Particularly useful for toning, firming, nourishing but also repairing and protecting the skin from environmental damage. Suitable for all skin types.

DERMLOGICA PRESCRIPTIVE FACIAL

(60 mins) £35

A tailor made prescriptive facial to deep cleanse and hydrate the complexion.



EXPRESS FACIAL

(30 mins) £20

Refresh your skin with our mini facial. Treatment does not include use of the Spa facilities.

FILE AND POLISH

(30 mins) £15

Nails are shaped and finished with a polish of your choice.

HOT OIL AND MILK PEDICURE

(60 mins) £35

Perfect for pampering those overworked feet! Gentle massage will help relieve puffy ankles, whilst warmed frangipani oil and skin nourishing milk bath soothe and moisturise the skin. This luxury treatment is fantastic for even the most neglected feet and they will be unrecognisable after they have been buffed, polished and brought back to life.

HOT OIL AND MILK MANICURE

(60 mins) £35

Perfect pampering for your hands.

NAILTQUES MANICURE

(60 mins) £25

This tailor made manicure includes exfoliation, a luxurious hand and arm massage, cuticle work, nail shape and polish.

NAILTQUES PEDICURE

(60 mins) £25

This tailor made pedicure includes exfoliation, a luxurious foot and leg massage, cuticle work, nail shape and polish.

TANNING - ELEMIS CEREMONY OF THE SUN

(75 mins) £45

The experience will begin with an exotic exfoliation ritual to deeply cleanse, polish and soften the skin, followed by a full body Total Glow Tan application. Perfect before holidays or for special occasions. To get the best results ensure your skin is free of make-up, body lotions and deodorant.

Maintain your tan by applying:

ELEMIS TAN ACCELERATOR £21

ELEMIS TOTAL GLOW SELF TAN £24

EXPRESS TAN £20

Treatment does not include use of the Spa facilities.





JUST FOR MEN

ELEMIS DEEP TISSUE FULL BODY MASSAGE

(60 mins)

£50

Focusing to relieve specific stress and muscular tension this deep tissue massage gives the whole body a workout. Your Therapist will select specific Elemis oil blends to tailor the treatment to your individual needs.

ELEMIS AROMA STONE MASSAGE

(75 mins)

£60

Warm Basalt stones melt away tension. Therapeutic heat is slowly released into the belly of the muscle for a completely new body experience. Small stones are placed on key energy points, whilst luxuriously warmed oils are massaged deeply into the body for maximum relaxation.

ELEMIS SKIN IQ FACIAL

(60 mins)

£50

This anti-ageing facial is the ultimate overhaul for tired, stressed skin. Protecting against the harsh, ageing effects of shaving and environmental damage, this treatment calms irritation and minimises the signs of ageing.

The skin's moisture levels and elasticity are dramatically increased from the very first treatment. A tailor made prescriptive facial to target your individual concerns. Combining specialised deep cleansing and Eastern massage techniques to help bring radiance and vitality back to dull, lack lustre skin.

ELEMIS AROMA STONE BACK MASSAGE

(45 mins)

£40

Warm Basalt stones melt away tension. Therapeutic heat is slowly released into the belly of the muscle for a deep and relaxing back massage.

ELEMIS SKIN SPECIFIC FACIAL

(60 mins)

£45

A tailor made prescriptive facial to target your individual concerns. Combining specialised deep cleansing and Eastern massage techniques to help bring radiance and vitality back to dull, lack lustre skin.

ELEMIS DEEP TISSUE BACK MASSAGE

(30 mins)

£35

Focusing on the back, neck and shoulders this massage will target muscular tension.

SWEDISH BACK, NECK & SHOULDER MASSAGE

(30 mins)

£30

Drift into deep relaxation with this calming massage of the back, neck and shoulders.

SWEDISH FULL BODY MASSAGE

(60 mins)

£45

A relaxing full body treatment that not only stimulates circulation but relieves aches and pains and soothes the mind.





FREQUENTLY ASKED QUESTIONS

WHAT DO I NEED TO BRING WITH ME?

If you are using the spa you will need to bring swimwear and flip flops/slippers. We provide spa robes and towels for our guests. We also provide complimentary toiletries in our showers and have hair dryers in both changing rooms. Please note our lockers require a £1 coin for operation.

HOW EARLY DO I NEED TO ARRIVE FOR MY APPOINTMENT?

We ask that you arrive 10-15 mins before your booking is due to start. This gives you time to check in at reception, complete your consultation form and get changed. If you are late for your appointment we always do our best to accommodate you but cannot guarantee you will receive your full treatment time.

CAN I WEAR JEWELLERY IN THE SPA?

You must not enter the sauna/steam rooms with items of jewellery or spectacles. We advise that these items are removed prior to entry and placed in the lockers provided. We cannot be held responsible for any damage caused to jewellery or spectacles taken into the sauna/steam rooms. We recommend all mobile phones and other valuables are kept in lockers during your spa.

WHY DO I HAVE TO FILL IN A CONSULTATION FORM?

We need to ensure that you are fit and well before you use the spa facilities or receive treatments. Some medical conditions may prevent you from using certain facilities or having specific treatments, as they could be detrimental to your health. If you are receiving a treatment your therapist will also use the information on your consultation form to ensure that you are gaining maximum benefit from your treatment.

CAN I BOOK APPOINTMENTS ON THE DAY?

We always recommend booking treatments in advance to avoid disappointment, however please check with reception on arrival and they can advise you of availability.

WHAT IS INCLUDED IN MY TREATMENT TIME?

Your treatment time includes your consultation and aftercare advice. These are both vital elements of your experience, to ensure that you receive the most beneficial treatment on the day and you know how best to prolong the benefits once you leave.

WHAT DO I WEAR DURING MY TREATMENT?

During your treatment you can wear your own underwear, or your therapist will be happy to provide you with disposable underwear.

IS THERE A MINIMUM AGE?

Unfortunately we are unable to offer treatments or use of the spa facilities to people under the age of 16. Children aged 16 to 17 must be accompanied by an adult and can have manicure, pedicure or facial treatments.

WHAT SHOULD I DO IF I'M UNCOMFORTABLE DURING MY TREATMENT?

Your comfort is of great importance to us. If for any reason you feel uncomfortable during your treatment please be sure to inform your Therapist at the time so they can make any necessary adjustments.

WHERE CAN I PARK?

Limited car parking is available on site and is controlled with a Vehicle Number Recognition system. When booking please state if you require car parking (we will also need your car registration number). At least 24 hours notice is required.

DO I HAVE TO PAY ANYTHING UPFRONT?

A 30% non-refundable deposit is required on booking. Credit card details are required to secure your spa booking. Please note; to change your reservation to another date we require a minimum of 24 hours' notice.

INDULGE RELAX REVITALISE

OPENING TIMES

MONDAY	CLOSED
TUESDAY	9AM - 6PM
WEDNESDAY	9AM - 6PM
THURSDAY	9AM - 9PM
FRIDAY	9AM - 9PM
SATURDAY	9AM - 6PM
SUNDAY	9AM - 6PM

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